



Joining Forms

Annual Membership runs from 1st January to 31st December. All membership fees must be paid in full before competition/ gala entries are accepted. Renewal of club membership is to be paid by 31st January or club facilities may be withdrawn. Family membership only applies for parents and children and is not extended to Grandchildren/Grandparents.

Annual membership fees include ASA Registration Fee and Regional Fees which are also due for renewal in January. ASA Registration is a compulsory Insurance Requirement and is split into categories:

Club Training - All club members
Club Compete - Competitive Swimmers
Club Support - Teachers, Officials, Volunteers

MEMBERSHIP - £35

Monthly training fees must be paid promptly each month by Standing Order.

All club committee members are unpaid volunteers, here to help run the club for you. You can make their jobs easier by ensuring that monthly fees are paid up to date and on time.

First fee must be paid before your first training session

You may lose your place if club fees are not paid on time.

The monthly training costs are:

	Available Sessions	Cost	Monday AM	Monday PM Land Training	Tuesday PM	Thursday AM	Thursday PM	Friday AM	Saturday AM	Sunday PM
Teaching Pool (Tues or Thurs)	1	£17	☐	☐	☒	☐	☒	☐	☐	☐
Teaching Pool	2	£25	☐	☐	☒	☐	☒	☐	☐	☐
Academy	2	£33	☐	☐	☒	☐	☒	☐	☐	☐
Development	4	£33	☒	☐	☒	☐	☒	☐	☒	☐
Young Performance	5	£35	☒	☒	☒	☐	☒	☒	☐	☒
Juniors	4	£35	☒	☒	☒	☐	☒	☒	☐	☐
Performance	7	£40	☒	☒	☒	☒	☒	☒	☐	☒
Seniors	6	£40	☒	☒	☒	☒	☒	☒	☐	☐
Masters	7	Bronze - 1 swim £30 Silver - 2-3 swims £33 Gold - 4+ swims £36 (will increase to £40 Jan '25)	☒	☐	☒	☒	☒	☒	☐	☒





Rochford and District Swimming Club

One of the leading Swimming Clubs in Essex

Title			
First Name		Middle Name	
Surname		Known As	
Date Of Birth			
Gender		Nationality	
Any Medical Conditions: It is the Swimmers / Parents or Guardians responsibility to fully disclose medical conditions and update those details should there be any changes. The club will not be held responsible if medical conditions are not disclosed or updated.			
Membership Category	Club Training	Club Compete	Club Support
Address			
Postcode			
Email Address			
Phone Number		Mobile Number	





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Emergency Contact 1		Emergency Contact 2	
Name		Name	
Phone Number		Phone Number	
Relationship		Relationship	

Acknowledgement			
I Acknowledge receipt of the rules of Rochford and District Swimming Club and confirm my understanding and acceptance that such rules (as amended from time to time) shall govern my membership of the club. I further acknowledge and accept the responsibilities of membership upon members as set up in these rules. If the member is under 18 years of age this form must be countersigned by a parent or guardian. The information provided on this form will be used to create a membership with Swim England, information on how they use your information is attached, Rochford and District Swimming Club will only use your information for maintaining records, responding to enquiries from yourself, administering events in which you may be participating and contact you about swimming events and opportunities. Information will not be shared with any outside organisation without your prior consent.			
Member Signature		Date	
Parent / Guardian Signature		Date	





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CLEMENTS HALL LEISURE CENTRE, CLEMENTS HALL WAY, HAWKWELL,
ESSEX. SS5 4LN

Chairman Hon.
Paul Metson

Secretary Hon.
Penny Ginzler

Treasurer
Jenny Channing

Standing Order Payment

Please instruct your bank to set up a Standing Order payment by either going into the bank or by using on-line banking.

Details required are as follows:

Beneficiary Name: Rochford and District Swim Club
Your Reference: Your child/children's name

Account Number: 10478237

Sort Code: 20-70-93

Date of First Payment: As applicable

Date of Subsequent Payment: Anytime in the due month

Amount: Please check with the desk, website or notice board

**PLEASE REMEMBER TO AMEND YOUR STANDING ORDER AS APPROPRIATE
WHEN YOUR CHILD MOVES UP THROUGH THE SQUADS.**

Please complete and return this slip to the RADS desk when the standing order has been set up.

This is to confirm that a Standing Order has been set up for the following
swimmer / swimmers.

Name:

Name:

Date:





Photography and filming consent form

Rochford and District Swimming Club may wish to take photographs or film individuals, or groups of members under the age of 18 that may include your child during their membership of the organisation. All photographs and filming and all use of such images will be in accordance with the Swim England Photography and Filming Guidance and the organisation's Privacy Policy (available at the website above or otherwise on request).

Rochford and District Swimming Club will take all reasonable steps to ensure images and any footage is being used solely for their intended purpose and not kept for any longer than is necessary for that purpose. If you have any concerns or questions about how they are being used, please contact the Welfare Officer to discuss this further.





As a parent/guardian please complete the below in respect of your child/children. We encourage all parents/guardians to discuss and explain their choices with their child/children. Please note that either you or your child can withdraw consent or object to a particular type of use by notifying the Welfare Officer at any time. For the purposes of the organisation's record keeping, we ask if possible that such requests are made in writing wherever possible.

As the parent/guardian I am happy for:

Yes	No	Media uses
☐	☐	My child's photograph to be used on the organisation's website.
☐	☐	My child's photograph to be used on the organisation's social media platform/s.
☐	☐	My child's photograph to be used within other printed publications such as newspaper articles about the organisation.
☐	☐	My child's photograph to be taken by a professional photographer employed by the organisation as the official photographer at competitions, galas, and other organisational events.

Yes	No	Training uses (training videos to be deleted once the relevant training is complete)
☐	☐	My child to be filmed by the organisation for training purposes.

Signature	
Printed name	
Date	

Please return this form to the desk.





Codes of Conduct

The codes of conduct forms are required to be signed by both the swimmer and parent/ guardian, to show their commitment to uphold the values of Rochford and district Swimming club.

These are the standards we hold anyone associated with the club to and are an important part of imbedding our friendly and supportive culture that has been established at the club.

Below you will find the following Codes that are to be signed and returned to the RADS desk at your first session. Copies of the codes can be found on the RADS website at the following link.

<https://radsswimming.org.uk/codesofconduct.html>





Code of Conduct for Swimmers

As a member of our club, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued, and not judged based on your race, gender, sexuality, faith, or ability.
- Be encouraged and develop your swimming, para-swimming, diving and open water swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As a member of our club or activity we expect you to:

Essentials

- Keep yourself safe by listening to your coach or teacher, behave responsibly and speak out when something isn't right.
- Take care of our equipment and premises as if they were your own.
- Make it to training and competitions on time and if you're running late, let a member of the club know.
- Make your coach or teacher aware if you have any difficulties attending training or competitions.
- Not wander off or leave training or a competition without telling your coach, teacher, or team manager.
- Bring the right kit to training and competitions.
- Follow the rules of the club, squad, or activity at all times.
- Respect the privacy of others especially in the changing rooms.





Behaviour

- Make our club and activity a fun, happy, friendly, and welcoming place to be.
- Respect and celebrate differences in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith, or ability.
- Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- Not use any device to take photographs or footage of others in the changing rooms or cubicles.
- Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside.
- Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.
- Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.
- Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- Support and encourage your teammates, tell them when they've done well and be there for them when they are struggling.
- Respect the children and adults competing for other teams at competitions.
- Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
- Get involved in club decisions, it's your sport too.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.

Signature of the child

Signature of parent/guardian

Date

Please Sign and return to the RADS desk by First Session





Code of Conduct for Parents/Guardians

As a parent/guardian of a club member we understand you have the right to:

- Be assured that your child is safeguarded during their time with us.
- Know how to access our club policies, rules, and procedures.
- Know who the Welfare Officer is and how to contact them.
- Know that any concerns about your child's welfare will be listened to and responded to.
- Know what qualifications and training those with responsibility for your child have.
- Be informed of problems or concerns relating to your child, where appropriate.
- Know the procedure should your child be involved in an accident or become injured.
- Provide your consent or otherwise for photography and trips away.
- Make a complaint to the club committee or Welfare Officer (as appropriate).

As a parent/guardian of a club member we expect you to:

Essentials

- Make sure your child has the right kit for training and competitions as well as enough food and drink.
- Ensure your child arrives at sessions on time and is picked up promptly.
- Inform us if you're running late to collect your child or if your child is going home with someone else.
- Complete all consent, contact and medical forms and update us straight away if anything changes.
- Maintain a good relationship with your child's coach or teacher.
- Tell us if you wish to talk to us about any concerns regarding your child. We will arrange a mutually convenient time so you can talk to us.
- Not enter poolside or interrupt training or competitions unless in an emergency situation.





Behaviour

- Remember that children get a wide range of benefits from participating in one of our sports, like making friends, getting exercise, and developing skills. It's not all about wins and losses.
- Behave positively as a spectator at training or competitions and treat others with respect.
- Give encouragement to your child and tell them when they've done well and provide support when they are struggling.
- Respect and celebrate differences in our club or activity and not discriminate against anyone else on the grounds of gender, race, sexual orientation, faith, or ability.
- Respect the children and adults competing for other teams at competitions.
- Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
- Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which alleges a criminal offence will be reported to police by the club.
- Talk to your child and ensure they understand the rules of the club and the sport.
- Ensure your child understands their Code of Conduct.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee. Continued issues and repeated breaches may result in parents/guardians being asked not to attend the club, something we never want to do.

Signature of parent/guardian

Print name

Date

